



# BROWSER NO. 230

## MAY 2026

### Return address:

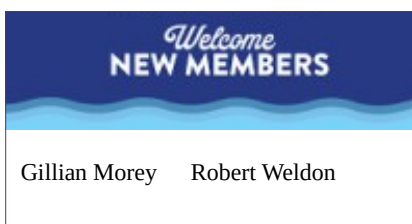
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[busnet.org.au](http://busnet.org.au) [info@busnet.org.au](mailto:info@busnet.org.au)  
Busselton Senior Citizens' Club  
email address: [manager@bscc.net.au](mailto:manager@bscc.net.au)  
Web maintained by [kg@kgweb.au](mailto:kg@kgweb.au)

The Busselton Constitution is available on the Busnet website:  
[busnet.org.au](http://busnet.org.au)

This is a very useful and interesting site with lots of up to date information about our Club.

### Busnet Clubroom Opening Hours:

Monday, Wednesday, and Friday afternoons from 1:00 to 3:30 PM  
(Except Public Holidays)



### Editorial:

Welcome to the May 2026 edition of your Browser.

There is an app for this, and an app for that, you name it there seems to be some sort of app available. In this edition we look at some of the popular medical information related apps.

We also find that not all apps last forever, Samsung have made an announcement to end their Messages app for the US market only for now.

Are you a Windows user and recently decided or maybe considering taking the plunge over to the Mac world, somethings aren't so different, like keyboard shortcuts.



Alex (a.k.a. Grumps)  
Editor

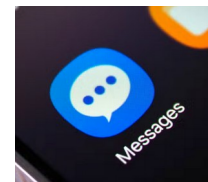
### What's App Doc



Medical-related apps for seniors are no longer just "nice-to-have" gadgets; in 2026, they have become essential tools for maintaining independence and improving clinical outcomes. ....[Read More](#)

### Samsung announces end of Messages app in July 2026

Samsung have announced it is discontinuing its native Samsung Messages app in July 2026. At the time of writing this announcement is currently for the **US Market Only** (for now 😊!)..... [Read More](#)



### Mac tips for Windows switchers



Many Mac keyboard combinations use the Command (⌘) key, in this edition we have included some of the keyboard shortcuts that use the Command Key..... [Read More](#)

### Social Morning Tea

The Busnet Social Committee will be holding our next get together at the Urban Coffee House on Friday 8 May 2026 at 10:00AM.

Come along and meet other members and there will be a Mothers day raffle up for grabs.

Please reply to Heather MacLean on email [heathermaclean@outlook.com](mailto:heathermaclean@outlook.com) to indicate your intention to attend.



### [View our May 2026 Volunteer Roster](#)

**May Trivia:** May the 4<sup>th</sup> be with you.

# Whats App Doc



The seems to be a lot of apps for just about anything these days, medical related apps are no different. Medical-related apps for seniors are no longer just "nice-to-have" gadgets; in 2026, they have become essential tools for maintaining independence and improving clinical outcomes.

The purpose of this article is to just highlight some of the top rated apps that may be of some benefit to know a little more about for our readers.

*Disclaimer: This information is for general purposes only and Busnet and the author recommend that users assess and make their own decision when it comes to which apps to use and does not replace professional medical advice. Always consult a healthcare professional for specific medical concerns.*

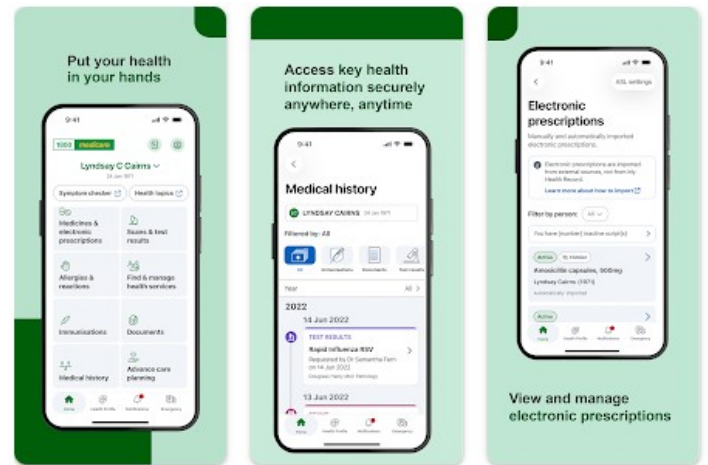
## 1800Medicare



Launched on January 1, 2026, 1800MEDICARE (1800 633 422) is Australia's national, free health advice and navigation service. It replaces the previous "Healthdirect" advice line and centralises several healthcare support tools into one brand.

It is designed to be the first point of contact for anyone in Australia (even without a Medicare card) who is unwell or unsure of where to seek treatment.

The initiative includes a website and the 1800MEDICARE app (formerly the My Health app).



### Prerequisite:

You will need a myGov account linked to My Health Record

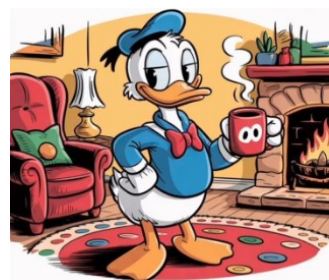
**Note:** If you already have a myGov account, you don't need to create a new one. To learn how to link a myGov account to My Health Record, see Step 1 on the [Set up your record online page](#).

Key features include:

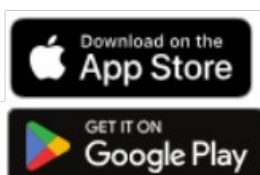
- ▶ **Symptom Checker:** An online tool to help you decide on the right care.
- ▶ **Digital Health Records:** Securely view your My Health Record, including pathology results, immunisation history, and allergies.
- ▶ **Prescription Management:** Access and store electronic prescriptions and your Active Script List.
- ▶ **Medicare Services:** Direct links to manage claims and enrolment via myGov.

**Important:** 1800MEDICARE is for non-life-threatening situations. In an emergency, you should always call Triple Zero (000) immediately.

More information about 1800Medicare can be found on their web page: <https://www.1800medicare.gov.au/>



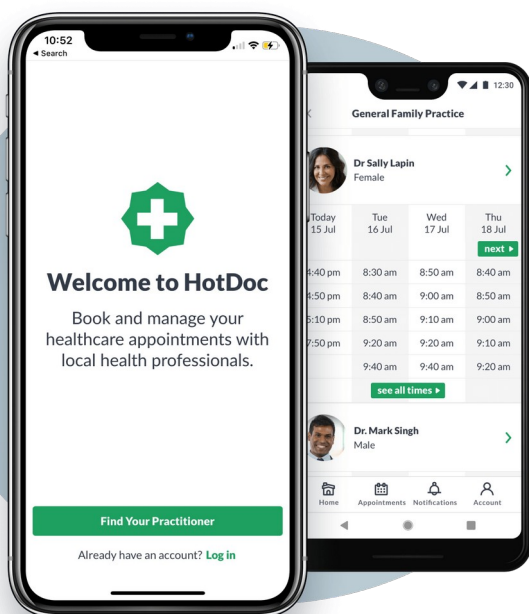
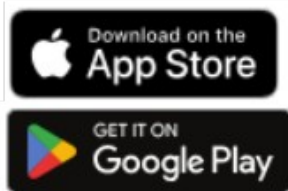
**FOR MY AGE, I HAVE A LOT GOING FOR ME...**  
**MY EYES ARE GOING, MY KNEES ARE GOING, MY BACK IS GOING...**



## HotDoc

HotDoc is Australia's leading patient engagement app, allowing users to book GP, specialist, and allied health appointments 24/7.

It enables, in-person and telehealth consultations, appointment reminders, and digital check-ins. The app is free to download for iOS and Android, connecting patients with over 18,000 healthcare professionals.



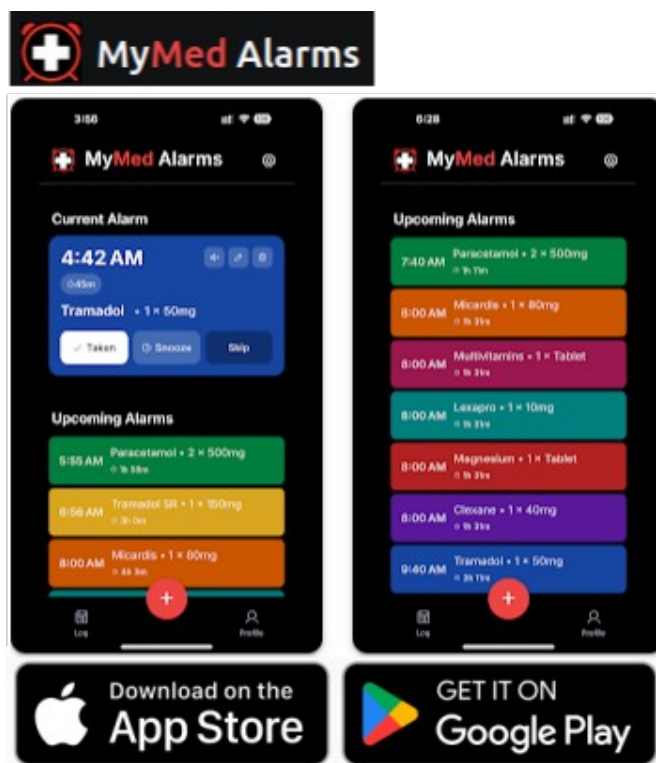
Key features include:

- ▶ **Online Bookings:** Instantly book, reschedule, or cancel appointments for yourself or family members.
- ▶ **Telehealth & In-Person:** Choose between in-person appointments or telehealth consultations.
- ▶ **"On Demand" Care:** Book immediate or same-day telehealth appointments, including for issues like scripts or referrals.
- ▶ **Check-In & Queue Management:** Check in to a clinic via the app upon arrival and view your place in the queue.
- ▶ **Reminders:** Receive push notifications and emails for upcoming appointments to reduce no-shows.

**Tracking Medication** can sometime be a bit of a hassle, the following 2 apps are designed to help with reminding you when to take your medication.

## MyMed Alarms

MyMed Alarms is a free, privacy-focused medication reminder and pill tracker app. It is designed to help users, especially those managing multiple prescriptions or caregivers supporting others, stay on schedule without ads or cloud tracking. It sends colour-coded reminders, keeps a log you can export, and requires no login.



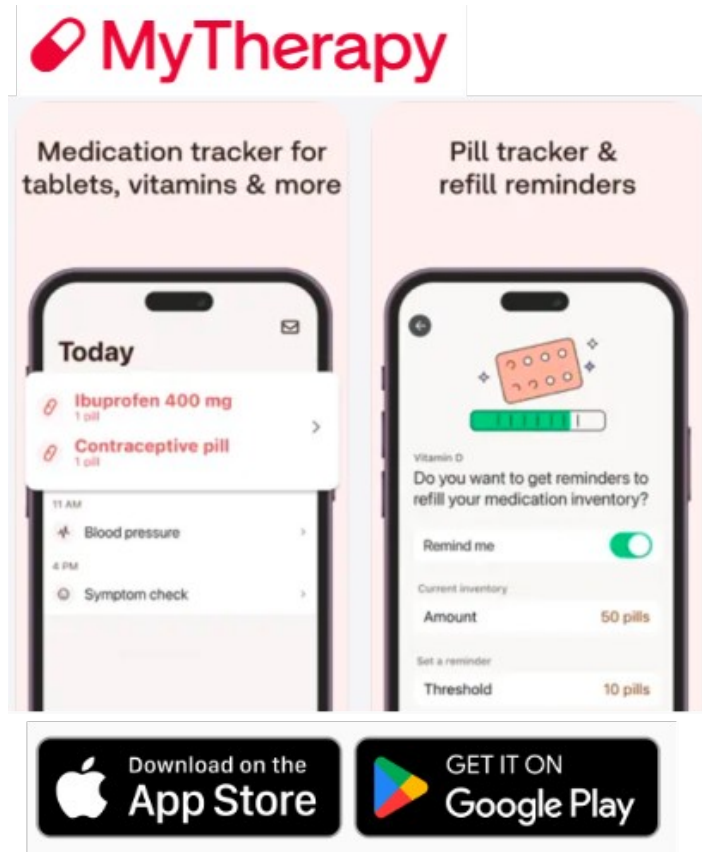
Key Features include:

- ▶ **Reliable Reminders:** Alarms and notifications sound even if app is closed or phone is locked.
- ▶ **Colour-Coded Cards:** Each medication is assigned a unique colour for quick visual identification.
- ▶ **Smart Scheduling:** The app uses technology to calculate all future doses once the first time and frequency are set.
- ▶ **Detailed Log & Reports:** Every dose is recorded with a timestamp (Taken, Snoozed, or Skipped). Users can export professional-grade PDF, CSV, or HTML reports to share with healthcare providers.
- ▶ **Privacy First:** All health data is kept locally on your device; there are no sign-ups or cloud storage requirements.

More information about MyMed Alarms can be found at their website: <https://mymedalarms.app/>

## MyTherapy app

The MyTherapy app is a free, comprehensive digital health manager designed to improve medication adherence through reliable pill reminders, medication supply tracking, and health logging. It enables users to track symptoms, mood, and measurements (like blood pressure/weight) and share health reports with doctors.



Key Features include:

- ▶ **Medication Reminders:** Customisable alerts for pills, tablets, and injections, ensuring timely doses.
- ▶ **Medication Refill Tracker:** Keeps track of pill supply and sends alerts to refill prescriptions before they run out.
- ▶ **Health & Symptom Log:** Allows logging of symptoms, moods, and measurements (e.g., blood pressure, weight, blood glucose).
- ▶ **Shareable Reports:** Generates printable or shareable health reports for doctors and pharmacists to monitor treatment progress.
- ▶ **Privacy & Reliability:** Operates without requiring a user account or login, prioritising data privacy.

More information about MyTherapy app can be found at their website: <https://www.mytherapyapp.com/>

## Mac tips for Windows switchers



Many Mac keyboard combinations use the Command (⌘) key, below are some of the keyboard shortcuts that use the Command Key that help perform some similar tasks. A Windows user may have been familiar with some of the functions these keys perform.

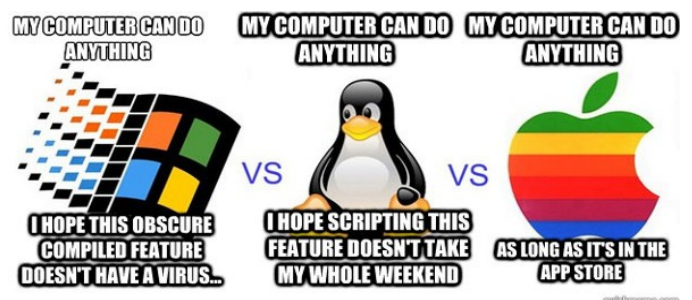


Cut	Copy	Paste
Command-X	Command-C	Command-V
Undo	Print	Close window
Command-Z	Command-P	Command-W
Switch apps	Quit app	Forward delete
Command-Tab	Command-Q	Fn-Delete or Forward Delete
Find files	Force quit app	Take screenshot
Command-Space bar	Option-Command-Esc	Shift-Command-3

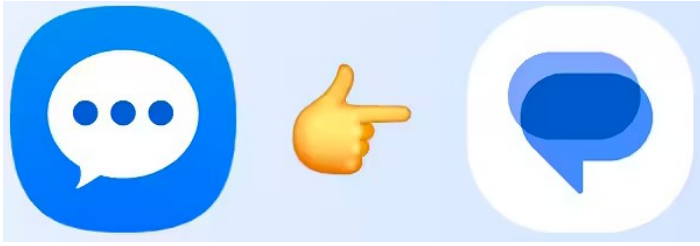
By pressing certain key combinations, you can take actions that normally require a mouse or trackpad. Every app can have its own shortcuts, and shortcuts that work in one app might not work in another

Find out about more keys and keyboard shortcuts by following this link:

<https://support.apple.com/en-au/102650>



# Samsung announces end of Messages app in July 2026



Samsung have announced it is discontinuing its native Samsung Messages app in July 2026.

At the time of writing this announcement is currently for the **US Market Only** (for now 😊!).

However general media appear to be reporting it as a global end of service announcement.

- ▶ **Discontinuation Date:** The app will cease functionality for most users in July 2026.
- ▶ **The Replacement:** Google Messages is now the default app on new Samsung devices (like the Galaxy S25/S26 series) and is the recommended replacement for all users.
- ▶ **What Happens to Samsung Messages:** After July 2026, you will no longer be able to send or receive regular texts using the Samsung Messages app. It will only work for emergency services or defined emergency contacts.
- ▶ **Who is Affected:** The change primarily impacts devices running Android 12 or newer. Devices running Android 11 or older will continue to receive support.
- ▶ **Action Needed:** Samsung advises users to switch to Google Messages, which can be downloaded from the Galaxy Store or Google Play Store, to ensure continued service.



Official US Samsung End of Service Announcement and instructions on steps to be taken can be found here:

<https://www.samsung.com/us/apps/samsung-messages/>

End of Service Announcement

## Upgrade your messaging experience

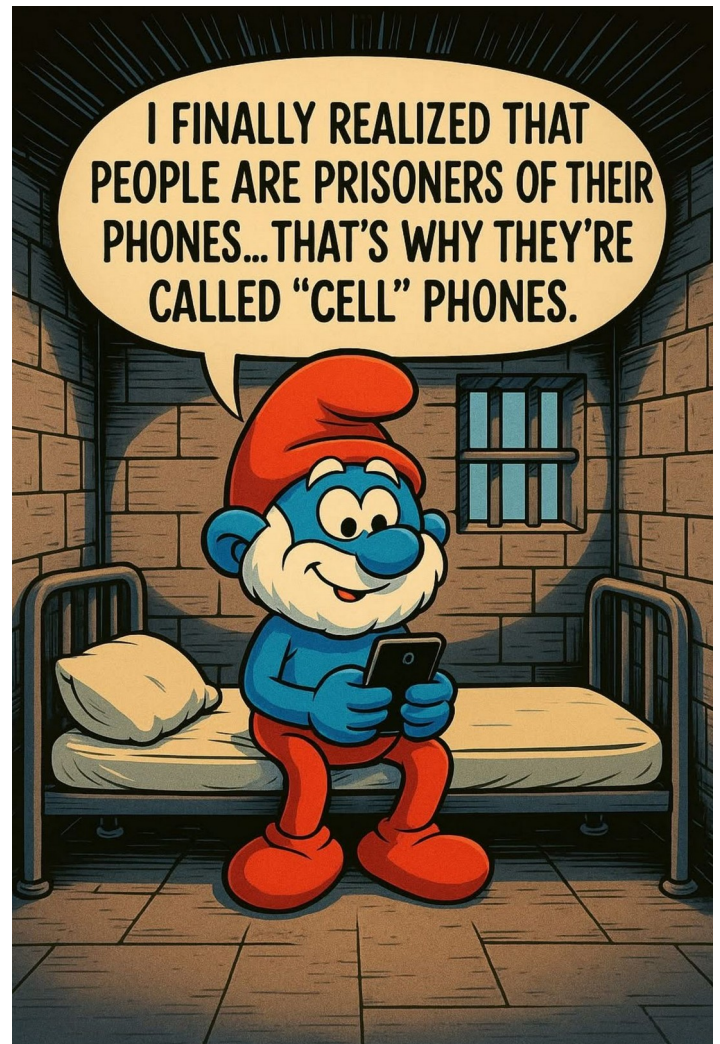
The Samsung Messages application will be discontinued in July 2026. Upgrade to [Google Messages](#) as your default messaging app today to maintain a consistent messaging experience on Android.

Applicable to the US Market Only.

Please check the Samsung Messages app for the exact date when service will be discontinued. Users of an older Android OS (Android 11 or lower) are not affected by this End of Service.

The company is transitioning to Google Messages as the default messaging app on Galaxy devices.

Here is what you need to know about this change:



# Busnet Volunteer Roster

BUSNET COMPUTER CLUB INC			
	2026	ROSTER	May 2026

DATE	DAY	Reception & Technician	DATE	DAY	Reception & Technician	DATE	DAY	Reception & Technician
27/4/26	Monday	Lois Ralph	29/04/2026	Wednesday	Peter Ralph	01/05/2026	Friday	Trevor Gray
		Peter Quinby			Bill Whipp			Bill Whipp
		Jake Challis			Tony Hill			Tony Hill
04/05/2026	Monday	Maureen King	06/05/2026	Wednesday	Heather Maclean	08/05/2026	Friday	Jane Buckley
		Peter Quinby			Bill Whipp			Bill Whipp
		Jake Challis			Tony Hill			Tony Hill
11/05/2026	Monday	Kerry McLements	13/5/26	Wednesday	Pam Shanks	15/05/2026	Friday	Ursula Hillman
		Peter Quinby			Bill Whipp			Bill Whipp
		Jake Challis			Tony Hill			Tony Hill
18/05/2026	Monday	Alex Ashton	20/05/2026	Wednesday	Michelle Chaplin	22/05/2026	Friday	Sheila Higham
		Peter Quinby			Bill Whipp			Bill Whipp
		Jake Challis			Tony Hill			Tony Hill
25/05/2026	Monday	Maureen King	27/05/2026	Wednesday	Patricia Lee	29/05/2026	Friday	Peter Ralph
		Peter Quinby			Bill Whipp			Bill Whipp
		Jake Challis			Tony Hill			Tony Hill
<p><b>Any changes to the Roster contact Peter on 0429 185 066 OR email <a href="mailto:treasurer.busnet@gmail.com">treasurer.busnet@gmail.com</a></b></p> <p><b>Busnet Opening Times : Monday, Wednesday &amp; Friday 1:00 PM to 3:30 PM Closed Public Holidays</b></p>								

## May Trivia

**14 May 1984:** The one dollar coin was issued to replace the one-dollar note which was then in circulation, although plans to introduce a dollar coin had existed since the mid-1970s. The first year of minting saw 186.3 million of the coins produced at the Royal Australian Mint in Canberra.



**25 May 1977:** The first Star Wars film, Star Wars: Episode IV – A New Hope, was released in the United States. Initially released simply as Star Wars, it was later subtitled to reflect its place in the trilogy, becoming a massive cultural phenomenon and the highest-grossing film of its time.

**22 May 1980:** The arcade game Pac-Man first released in Japan. Pac-Man, designed by Toru Iwatani and developed by Namco, became a massive, culture-defining hit, selling over 350,000 cabinets in the 1980s and popularising non-violent, character-driven maze games.



**11 May 1997:** IBM's supercomputer Deep Blue made history by defeating reigning world chess champion Garry Kasparov 3½–2½ in a six-game match, marking the first time a machine defeated a world champion under standard tournament rules.

# Coffee Break

## SUDOKU

2	4			6			5	
				5	8			
3	5			7	9	2		
6				1	3		9	
	7	4		2		5	8	
8		3	9				2	
		6	3	1			2	8
			8	9				
7		5					9	3

Fill the blank squares with the numbers 1 to 9 so that each row, each column and each smaller 3 x 3 block contains all the numbers from 1 to 9.

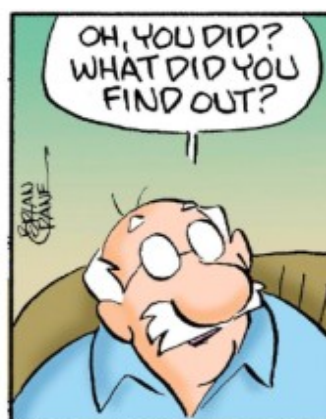
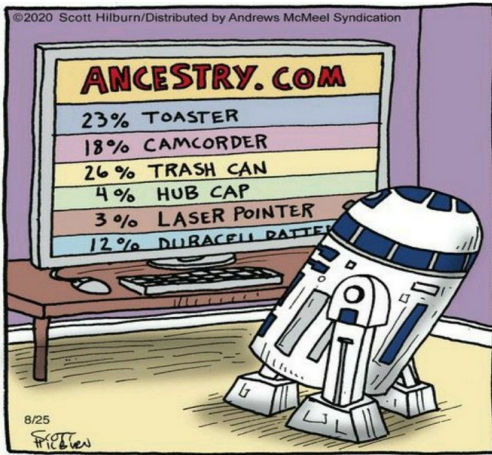
# WORD MAKER

How many words of four letters or more can you make from the letters below, with each work containing the letter in the centre? Don't include proper names or plurals.



**April 2026 Answer:**

leap, pale, pall, palp, papa, para, pare, pawl, peal, pear, plea, prep, rape, reap, repp, warp, wrap, appal, appel, apple, lapel, paler, papal, papaw, paper, pearl, appeal, appear, earlap, paella, rappel, apparel, WALLPAPER



# BROWSER NO 230

## MAY 2026



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